

## For Immediate Release

Media Contact: Nancy Howard

Email: [nbhoward@gmail.com](mailto:nbhoward@gmail.com)

Tel: 404-374-6918



IN PARTNERTSHIP WITH



## Life Space ALERT: Life Space MarketPlace Grand Opening Postponed to February 22<sup>nd</sup>

Atlanta, GA – January 23, 2026 – Due to this weekend’s severe weather forecast, and out of an abundance of caution, the Life Space MarketPlace Grand Opening will now take place on Sunday, February 22<sup>nd</sup>. In addition, the Vegan cooking class and demo by renowned celebrity Chef Chew has been rescheduled to Sunday February 8<sup>th</sup>, and will serve as a Life Space Pre-Launch event.

**Life Space MarketPlace** is an urban lifestyle center in West Atlanta dedicated to holistic health and wellness. The monthly wellness experience will be open every 4<sup>th</sup> Sunday beginning February 22<sup>nd</sup>, 2026 at 294 Hamilton E. Holmes Dr. NW, Atlanta, inviting the community to gather to access holistic health, healing, and connection.

The innovative concept of **Life Space MarketPlace** introduces a one stop quality health and wellness solution integrating physical, mental and spiritual wellness to a community in need of healing. The Life Space will provide accessible medical care, mental health support, plant-based nutrition, fitness, education and compassionate guidance to all guests.

“With a crisis of poor health in many communities, families in Atlanta are suffering – not for lacking the desire to be healthy, but because of a lack of access and knowledge,” said Dr. Joshua Nelson of the South Atlantic Conference Adventist Community Services Department, and Director of the Life Space Center. “Preventable diseases are invading families and stealing hope from entire neighborhoods. Many simply do not know how to reclaim their health, and too often, the resources they need are out of reach. The Life Space Center was designed to change that,” Nelson continued, “by providing a unique model of health and wellness in a medically underserved community – a space where people can learn not just to live, but to live well.”

The Life Space **MarketPlace** will feature outpatient medical care, provided by an innovative partnership with Southside Medical Center, and health support services including massage therapy, wellness coaching, plant-based foods and juices, fitness classes, as well as the latest in holistic health interventions.

The Grand Opening ceremony on Sunday February 22<sup>nd</sup> will begin at 11:00 a.m. including a dedication, followed by brief tours and a delicious plant-based cooking class at 1:00 p.m. (seating is limited, pre-registration is required). Guests are also invited to sign up for a COMPLIMENTARY wellness coach discovery session (valued at \$110). During this session, guests can share their concerns and goals and learn how a wellness coach can support their health journey.











“I was excited to learn that a facility dedicated to my personal health and wellness is located right here in my community,” said Collier Heights resident Tisha McKenzie upon hearing of the new Life Space Center. “It’s great that I won’t have to find my way across town to get the medical attention my family needs.”

**Life Space Wellness Center** will be remodeled from the unoccupied portion of the building where the South Atlantic Conference Adventist Book Center (ABC) is housed, turning it into a multi-agency health and wellness center.

“With the recent closing of nearby medical facilities, adequate healthcare and affordable medicine is lacking in this area of west Atlanta,” said Nelson. “This need underscores the vision of making healing services for mind, body, and spirit accessible to the entire community in one welcoming location.”

Until the Life Space Center is fully operational, the monthly pop-up **MarketPlace** serves as a dynamic preview of what’s to come—bringing together local organizations and wellness providers to offer resources that support whole-person well-being.

Some of the features of the new Life Space Wellness Center space include:

-  Outpatient Medical Care
-  Plant-based Juice Bar & Cafe
-  Emotional Wellness & Counseling
-  Resource Library
-  Vegan Commissary Kitchen
-  Fitness & Stretching Classes
-  Massages & Alternative Therapies
-  Shared Workspace
-  Resilience Hub
-  Repair Cafe

For more information and updates, visit **[lifespacewellness.org](https://lifespacewellness.org)** or follow on Instagram **[@life\\_spacewellness](https://www.instagram.com/life_spacewellness)**.

**Registration for the Life Space MarketPlace Grand Opening is FREE! Sign up [HERE](#) or send an email to [hello@lifespacewellness.org](mailto:hello@lifespacewellness.org).**

To register for the Vegan Cooking Demo by Chef Chew or to sign up for a COMPLIMENTARY Wellness Coach Discovery session, visit [lifespacewellness.org](https://lifespacewellness.org).

#LifeSpaceWellness #LifeSpaceMarketPlace #HopeAndWellness #HolisticHealing  
#VeganLifeFestival

###